

# Everyday Faith.

**21 DAYS at THE WAY**





# 21 Days of Prayer

FAITH

EVERYDAY

OF

DAYS

21

21 Days of Prayer and Fasting is an intentional decision to seek God. There's something powerful about giving God the first part of your year. When you choose to slow down, quiet the noise, and intentionally seek Him through prayer and fasting, your heart becomes more open, your mind clearer, and your spirit more aware of His presence. These next 21 days aren't about earning anything from God— this is our opportunity as a church family to rid ourselves of distractions and hear what the Lord has to say. In seeking Him, WE submit to what HE wants to do in US!

Each day of this devotional, you'll focus on a truth from Scripture to help grow your Everyday Faith. These aren't just encouraging statements or "fluff," they are spiritual truths meant to strengthen you and shape how you step into your everyday life. As we begin, we want you to know our entire team has been praying for you, and each day is written with you in mind. As you pray and fast, let these truths anchor you. Let them become part of your everyday thinking, your everyday speech, and your everyday decisions.

Whether this is your first time joining 21 Days of Prayer & Fasting at The Way, or a rhythm you've practiced for years, expect God to meet you! He honors every step you take toward Him.

# PRINCIPLES FOR FASTING:

- Be specific.
- Fast as a spiritual commitment.
- Reflect inner desire by outer discipline.
- Pray to perceive sin's role in poor health.
- Fast as a statement of faith to others.
- Learn the effects of the food you eat.
- Yield all results to God.

## WHAT I'M FASTING:

Be specific! For 21 Days of Prayer and Fasting, I'm going to be fasting from:

## NOTES:

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## WHAT I'M BELIEVING GOD FOR:

Be specific! For 21 Days of Prayer and Fasting, I'm believing to hear from God about:

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## READY... SET... GROW!



# Day 1 — I'm a child of God. (John 1:12)

**Written by: Pastor Jeff Tiemeyer**

Has anyone ever tried to give you something and for some reason you decided to turn it down? Maybe the fact that it was free made you think it might not be worth having? Once, after helping someone out, they offered to give me a riding lawn mower they didn't need. My initial response was, "No, I have access to one. But thank you." A short time later, he asked me again, this time my wife was with me. Before I could refuse, she quickly responded with, "Yes, he's been needing one!" 30 minutes later, I was on my way to pick it up. To my surprise, it was barely a year old and in amazing shape. 3 years later, it's still going strong, and I use it every week. You might ask why I wouldn't want something like that when it was exactly what I'd been needing. In today's scripture, you see that Jesus did the exact same thing when it comes to our salvation. How many people fail every day to recognize their need for the Savior? Maybe you have to ask yourself the same question. The text said the very people Jesus came to save refused Him. But those who didn't, He gave the right, or power and authority, to be His child! Even after many years of being a believer, I still fail to grasp the value of being His child. Just like I had no idea what a blessing that lawn mower would be, many people fail to see the benefit of being a son or daughter of God. You may ask, "How can something that costs nothing be that great?" But just because something is free, doesn't mean that it's cheap. Jesus has given you the right to be God's child, and nothing could be more valuable than that! Have you received Him?

## PRAY:

Heavenly Father, thank you that Jesus made a way for me to be your child. May I never take for granted the blessing it is to be a part of your family. I am so honored to call you my Dad and walk in the power and authority you've given me. I love You, in Jesus' Name, Amen!

## NOTES:

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# Day 2 — I'm Christ's friend. (John 15:15)

**Written by: Bonnie Tiemeyer**

"No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you."

How awesome is the above verse! Jesus says you and I are His friend! Jesus also says that what God has told Him, He has shared with us. I don't know about you, but that is really reassuring to me.

As I have gone through different challenges in life, I remember one time where I was given some bad news. As I thought over what I was told I played the song, I AM A FRIEND OF GOD. I didn't just play it once, I played it over, and over, and over as loud as I could as I drove down the

road. I not only heard the song, but I believed it and as God's friend He told me in His Word some truths that were contrary to the bad news I had received. So, I looked up His truths, highlighted them, wrote them on note cards, and reminded God of them. After all, He is my friend as much as I am His so I figured I could tell Him that I knew what He had said and I expected it to be so! He was, is, and continues to be faithful to His word. With my Friend by my side, I came out on the other side of the challenge with my faith strengthened and my trust in Him stronger.

As we enter a new year with different hopes, dreams, and emotions, remember that you have this same Friend. He sticks closer than a brother (Proverbs 18:24) and He'll never leave you or forsake you (Hebrews 13:5). Invite Him into every minute of every day! He wants to be invited and He's just waiting to be a part of your new year.

## PRAY:

Father God, I thank you for another year, day, hour, and minute that you've given me and I want to invite you into every second of it. As we enter this year together, help me to look for You and acknowledge You in everything I do. Thanks for loving me and calling me Your friend. In Jesus name, Amen.

## NOTES:

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# Day 3 — I am reconciled to God. (Romans 5:10)

Written by: LeAnn Robinson

To reconcile means to settle a difference, make two things compatible, or restore friendly relations after a dispute. To be reconciled to God is to be forgiven by Him for our trespasses. Christ's death on the cross and His resurrection put all believers in good standing (a healthy relationship) with God.

## WHAT ARE TRESPASSES?

Throughout the Bible, "sin" generally revolves around two major concepts:

- **Trespassing**  
To trespass means "to step across" or "to go beyond a set boundary or limit" established by God.  
The act of willful trespassing is known in the Bible as transgression—choosing to intentionally disobey God.
- **Falling Short**  
This refers to "missing the mark" or failing to measure up to God's standard.  
If we consistently "fall short" in extending forgiveness in our personal relationships, we neglect the biblical standard of reconciliation that God extended to us through Jesus Christ. The truth is, how we choose to live life and how we choose to be in relationship with people matters to God.

As Believers in Christ Jesus, "All This Is From God":

- We are blessed with every spiritual blessing in heavenly places in Christ Jesus.
- We are chosen to be in relationship with God through Christ Jesus.



- We are rescued by God through forgiveness.
- We are guaranteed an inheritance—eternal life.
- We are gifted with grace through faith in Christ Jesus.
- We are given citizenship in God's Kingdom.
- We are entrusted with the message of reconciliation.

Here's How We Deliver the Message of Reconciliation to Others:

- Love God and Love People — 1 Corinthians 13:1-7
- Lead a life worthy of the calling — Ephesians 4:1-2

## PRAY:

Father, thank You for forgiving me of all my trespasses (sin) and entrusting me with the message of reconciliation through Jesus Christ. Please help me to love You more each day and to love people with the love of Jesus Christ. Grant me the desire to forgive those who have hurt and disappointed me. I pray for courage and godly wisdom as I share the ministry of reconciliation with the people I encounter in my everyday life. In Jesus' name, Amen.

## NOTES:

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# Day 4 — I am inseparable from God's love. (Romans 8:35)

**Written by: Pastor G Laine Robinson**

"Who shall separate us from the love of Christ?" This is not a question about tomorrow's worries; it is a gentle, life-giving answer to the shame and sorrow carried from our past. Paul invites us to stop looking backward at the shadows of regret and simply rest in the full, unwavering light of God's affection for us right now.

I love how Paul lists the deep challenges that test our faith, which for those with a painful past, become internal battles: Tribulation is the heavy pressure of memory revisiting old wounds. Distress is the deep uneasiness and shame that whispers you are permanently flawed or unforgivable. Persecution can be the relentless self-judgment that isolates you from community and peace. Famine, nakedness, peril, or the sword feel like the exposure of hidden secrets or the risk that current relationships will collapse once the truth of your history is known.

These are the moments that tempt us to believe the most damaging lie: that our mistakes or our trauma is greater than God's grace. They push us to feel stained, defined, and ultimately abandoned by the one person who knows and loves us completely.

But Romans 8:35 offers a gentle but unshakable truth. The love of Christ isn't based on your flawless record or your emotional comfort; it is an eternal promise, a cleansing sanctuary where every memory is covered. The moment you accepted His grace, you were welcomed into an eternal embrace that no event, no decision, and no wound from your history can ever dismantle.

His love is the bold assurance that your past is not your prison; it is the anchor for your soul, and the steady hope that defines our future.

## PRAY:

Lord, I release the heavy burden I've been carrying. Let my heart find peace in Your presence, and help me to remember that no matter the damage done or the time that has passed, I am still deeply loved, utterly safe, and eternally Yours. Amen.

## NOTES:

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# Day 5 — I am free of condemnation. (Romans 8:1)

**Written by: Pastor Jeff Tiemeyer**

Guilt, shame, fear, insecurity...none of these words should describe you if you're a child of God. Even when you find yourself falling short or messing up, if you are in Christ, the Lord does not condemn you. As a believer, you operate under a different law than you did before. This doesn't mean that you have a free pass; in fact, it's quite the opposite. Before Jesus, people were bound in their sin with no way out. They were powerless and had to rely on rituals and sacrifices to escape judgement. The law of sin and death was all they knew.

Enter Jesus.

By taking your punishment, He also took your guilt, shame, and insecurity. You no longer have to carry the weight of those things...you are free! You now operate under the guidance of the Holy Spirit. He doesn't condemn you; He convicts you. If you make His conviction the "Law" of your life, you will never have to fear His judgement. Conviction may sound harsh; it's simply the prompts and nudges that you feel in your conscience as He gives you direction. When you feel the temptation to lose your temper, say something off color, gossip, or look at the wrong type of websites, etc., and you feel Him pulling back or hear His gentle whisper encouraging you to not engage in that action, that's conviction! This is so much better than having to deal with the fear and anxiety of wondering if you've done enough good to make God happy! You could never do that much good anyway; that's why Jesus did it for you. When you accept that gift from Him, the freedom that comes is so complete that you'll not want to do anything to risk stepping out of it. Condemnation can no longer hold you captive.

### PRAY:

Father God, thank you for guiding me by your sweet Spirit. Help me embrace your conviction as the law of my life. With your help, I will walk in the freedom you provided through Jesus' work on the cross. Shame, guilt, and condemnation have no place in my life. In Jesus' Name, Amen.

### NOTES:

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# Day 6 — I’m a receiver of God’s grace that far supercedes my worst sin. (Romans 5:20)

**Written by: Rachael Johnson**

As I grow in God’s Word, I become more aware of my own imperfections and how much I need His grace. This reality brings to mind Romans 5:20, where Paul writes to the Roman church, stating, “The law was brought in so that the trespass might increase. But where sin increased, grace increased all the more” (NIV). The law’s purpose was to expose sin in its abundance, revealing how much more abundant—and necessary—God’s grace is in our lives.

There was a time when I simply could not receive this truth. I couldn’t comprehend that God’s grace far supersedes my worst sin. Have you ever tried to grab something when your hands are already full? I couldn’t receive God’s grace because my hands were full of shame.

I used to feel awkward when a friend would give me an unexpected gift, as if I didn’t deserve it. Giving to others was my love language, but receiving was another story. It wasn’t until my hidden shame—the things from my past I was unconsciously holding on to—was brought into the light that I could truly receive and understand just how abundant and aggressively forgiving God’s grace is.

It’s important to acknowledge not only the miraculous gift you are being given, but also the Giver. When someone offers you a gift, they not only see you, but they are placing value on you. I want to encourage you: don’t be so consumed with the “doing” of life that you miss the blessing of receiving what God has for you. He sees you and values you so much that He paid the debts of your sin with the blood of His son. There is nothing you can do to deserve such a gift...it’s grace. Just receive!

## PRAY:

Father God, thank you for the reminder that you see me, you know me, and you love me. Help me empty my hands and release anything I may be holding on to that is not of you. I want to receive all that you have for me. Amen.

## NOTES:

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# Day 7 — I am dead to sin and alive to God. (Romans 6:11)

**Written by: Pastor Joel Tiemeyer**

In Romans 6:11, the Apostle Paul declares, “In the same way, count yourselves dead to sin but alive to God in Christ Jesus.” This verse emerges from Paul’s teaching on baptism and new life in Christ. Through Jesus’ death and resurrection, believers are united with Him—we die to our old self that was enslaved by sin and raise to a new life, empowered by God’s grace. It’s not just theology; it’s a transformative reality that reshapes our identity.

Being “dead to sin” means sin no longer reigns supreme in our lives. Before Christ, sin dictated our actions, leading to guilt, shame, and brokenness. But in Jesus, that power is broken. We don’t have to yield to temptations like anger, lust, or selfishness. Instead, we actively consider and believe that sin’s grip is severed. This isn’t about perfection but about freedom: when impulses arise, we can say, “No, that’s not who I am anymore.”

On the other hand, being “alive to God” invites us into intimate communion with Him. Our thoughts, words, and deeds become opportunities to reflect His love, holiness, and purpose. In everyday faith, this looks like starting the day in prayer, seeking the Holy Spirit’s guidance even through challenges, and choosing forgiveness over bitterness at work or home. Walking out our faith means daily surrender: reading Scripture to renew our minds, serving others selflessly, and trusting God’s strength in weakness. It’s a journey of grace, where failures become stepping-stones to deeper reliance on Christ.

As we live this out, we experience true joy and victory, not by our efforts but through union with Jesus. Let this truth fuel your steps today—you are dead to sin, and alive in God.

## PRAY:

Heavenly Father, thank You for making me dead to sin and alive to You through Jesus Christ. I declare by faith that sin has no dominion over me. Empower me by Your Spirit to walk in righteousness daily, resisting temptation and embracing Your will. Renew my mind with Your Word and let my life glorify You in every moment. In Jesus’ name, Amen.

## NOTES:

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# Day 8 — I am a new creation. (2 Corinthians 5:17)

**Written by: Lauren Price**

We all have moments, decisions, seasons, and “old things” that we wish we could forget. There’s not a single person on this earth (besides Jesus, of course) who has lived a life without a single regret. 2 Corinthians 5:17 reminds us that if we are in Christ, meaning that we have put our faith in Him, we are made new.

This term “made new” makes me think of the life cycle of a butterfly. In elementary school, we were taught that caterpillars become butterflies by the way of a chrysalis. There is a transformation process that takes place in this tightly knit cocoon. The insect that enters has a new body when it departs. And once that insect has wings and flies, it can never again be a caterpillar.

This is us!! Because we have put our faith and trust in Jesus, we cannot be our old selves any longer. Not only are we made new, but our old selves have passed away. God has no recollection of who we once were; He only sees us as a new creation.

Rest in the truth today that the Creator of the universe has forgiven you for that “old thing” that you may still be holding onto. So that “old thing,” whether it be an addiction, divorce, or lie, can no longer and should no longer identify you.



## PRAY:

Lord, thank you that you see me through the finished work of your Son dying on the cross and not for the sum of all my mistakes. God, remind me of who I am in you, not who I am in this world. Help me to bury my past, forgive myself, and live in your freedom. I pray that I would live today and every day, looking like a new creation. In Jesus' name, amen.

## NOTES:

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# Day 9 — I'm God's masterpiece. (Ephesians 2:10)

**Written by: Abby Tipps**

Have you ever stepped inside an old church on a sunny day? One of my favorite things to notice is the beautiful stained-glass windows. The way light streams through them, illuminating scenes from Scripture always captures my attention. I've never tried making stained glass myself, but I've learned it's a difficult process. Each piece must go through intense heat and pressure—and sometimes even more breaking—so that they all fit together just right. The art often looks messy before it becomes beautiful. But when the light finally shines through, the finished picture is breathtaking.

That's exactly what Ephesians 2:10 means when it says, "For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things He planned for us long ago."

We're all like those pieces of glass—broken, imperfect, and in need of a master craftsman. But God takes every piece of our story and fits it together into something beautiful. In His hands, our pain, mistakes, and struggles are transformed into purpose. What once looked like brokenness becomes part of His masterpiece.

The process isn't easy. There are seasons of pressure, heat, and reshaping that feel uncomfortable. But through it all, God is working. And when His light shines through our lives, others begin to see the beauty of what He's creating. They see how God can take a life once shattered and make it shine with His glory.

So when you feel like you're being broken or pressed, remember: the Artist is still at work. You are His masterpiece, designed to reflect His light and reveal His goodness to the world.

## PRAY:

God, thank You for calling me Your masterpiece. Thank You for taking every broken piece of my life and creating something beautiful. Help me to trust You in the process and to let Your light shine through me, so others can see Your goodness and the purpose You've planned for me. In Jesus' name, Amen.

## NOTES:

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# Day 10 — I am God's dwelling place. His Spirit and life dwells IN me. (1 Corinthians 3:16; 6:19)

**Written by: Pastor Derrick Dillion**

God is not distant or waiting outside your life—He lives inside you. When you said yes to Jesus, the Holy Spirit came to live in your heart. You don't have to earn that presence or chase it; it is already yours.

That fact changes everything about how you see yourself. When shame whispers that you're not enough, remember who lives in you. When you feel alone, remember that the Spirit is closer than your next breath. Your identity is not what you do or what others say about you; your identity is Christ in you.

Because God lives in you, ordinary moments matter. The way you work, rest, eat, laugh, or struggle can be an act of worship when you remember He is present. I've watched people move from hiding to courage when they let this truth settle in their bones: His presence doesn't erase pain or make life easy, but it gives your life purpose and strength in the middle of it.

Live from this reality today. Care for your heart like a home for the Spirit—quiet it, listen, and let Him shape your choices. You are not waiting for God to arrive; He is already there. Christ in you is your hope, your strength, and the root of your worth.

## **PRAY:**

Father, thank You for living in me by Your Spirit. Help me to walk in that truth daily. Cleanse my heart, guide my choices, and fill me with peace. Teach me to love others as You love me, so my life shows that You live in me. In Jesus' name, amen.

## NOTES:

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# Day 11 — I am adequate, complete, equipped for every good work. (2 Timothy 3:17)

**Written by: Sheri Tiemeyer**

God gives you a choice to walk with Him though life. Our choice, at times, is to do what we can in our own power until it fails and then we turn back to God again. I remember times when my boys were toddlers and walking into a parking lot, I would want to hold their hands to make sure they stayed close. Their idea of that subtle nudge to follow me was many times met with resistance and an “I’ve got this” attitude. When all along, my intention was to keep them safe. 2 Timothy 3:17 is a reminder that I need God, and I can’t do it all on my own BUT with Him I am made complete for everything my hands touch. I can speak faith to the mountain of troubles or pray over someone to receive healing. What God has done in you is set apart and specifically for you. There isn’t anything that will separate God’s love from you and He wants you fulfilled, joyful, loved, and full of peace. You are made perfect in God’s eyes and His image of ourselves is all we should seek!



## PRAY:

Heavenly Father, forgive me when I've had the "me do it" attitude and show me how to invite you into all situations. Help me see where I can be useful and how I can be a light to someone else. Thank you for never leaving me and giving me grace to walk out this faith filled life with you. Amen.

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# Day 12 — I am chosen by God, holy and dearly loved. (Colossians 3:12; 1 Thessalonians 1:4)

**Written by: Amy Tiemeyer**

Growing up, I was never the "sporty" type. I dreaded when PE day came around and we had to be picked for a team. I remember hoping to be picked first to save myself from those feelings of not being wanted or valued. Can you relate? Maybe you were that sporty type of person, and assumed you were going to be chosen first, but weren't and were forced to wait until the very end. That's an awful feeling.

With God, one thing is for certain, Colossians 3:12 (MSG) says that “you are chosen by God for this new life of love, dress in the wardrobe God picked out for you: compassion, kindness, humility, quiet strength, discipline, be even – tempered, content with second place, quick to forgive an offense. Forgive as quickly and completely as the Master forgave you. And regardless of what else you put on, wear love. It’s your basic, all -purpose garment. Never be without it!

No matter where you find yourself, as the first one picked or enduring being picked last, you can be confident that your Heavenly Father will always choose you! He doesn’t only choose you for His team, 1Thessalonians 1:4 says He personally makes up for where you lack if you’ll put on what He’s given you. When you feel inadequate, remind yourself God loves you and has chosen you to be His very own. He’s equipped you with compassion, kindness, humility, strength, discipline, an even temper, contentment, and forgiveness. No matter what comes, if you’ll put on the love that He’s lavished upon you, there’s nothing you and your Heavenly Father can’t accomplish in this game called life.

**PRAY:**

Heavenly Father, I’m so joyfully honored to be chosen by you, my God of more than enough. Thank you for clothing me with compassion, kindness, and humility to walk through this life victoriously. Thank you for the strength and discipline to calmly complete any task no matter the circumstances. You’ve forgiven and poured out your love upon me so I can do the same to others. Thank you for choosing me every time. In Jesus name, amen.

**NOTES:**

# Day 13 — I am seated with Christ (Ephesians 2:6)

Written by: Pastor Jeff Tiemeyer

If you're like me, you can't relax unless you know everything you have to do for the day is done. As much as I love my down time, if I know the lawn needs mowing, there are dishes in the sink, or some other project is waiting to be completed, I can't sit down until I know it's all done. Why? Because once I get settled, I don't want to have to get back up. It brings me peace to know that there's nothing waiting on me. The Lord has done this for us according to Ephesians 2:6. When the Bible refers to someone being seated, it's implying that their work is done and the right to rest has been earned. The Bible tells us that Jesus, after completing His mission of redemption, was seated at the right hand of God. This is where the phrase 'Right hand man' comes from. Whoever sat at the right hand of the king was the one whom the king had entrusted to run the kingdom for him. What does this mean for us today? It doesn't mean that we get to sit around and do nothing, it means that we can operate in this life from a place of His authority and rest! When He seated us with Christ, we were given His authority to do the work of His Kingdom. We have the ability to bless and heal, to speak life and victory and to overcome anything that might keep us from achieving all that He has set before us to do. Simply, we don't work to achieve rest, we work from a place of rest!

## PRAY:

Heavenly Father, thank you for the honor it is to be seated with Jesus. It gives me peace to know that I don't have to strive for the rest that you've already given me. Help me to see myself more in this light. Today, I choose to use the authority you've given me to be a blessing in the lives of those you place in my path. I love you, In Jesus' Name, Amen.

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# Day 14 — I am protected. Who can ever be against me? (Romans 8:31)

**Written by: Pastor Damon Wilks**

We have to remember who Paul (Saul) was before his Encounter with Jesus. It always makes me realize that we are never too far gone! We can't ever allow our mistakes, failures, and short comings to play a part in our day in / day out walk with the Lord. Paul dusted himself off (literally) in Acts 9 and was Encountered by the Power of the Grace of Jesus. How often do we not pursue our Faith due to the shame or guilt when Jesus made a way for us to daily move forward in His Grace?

Being a father is my greatest joy on earth. There is NOTHING I wouldn't do for my sons. I have their back EVEN when they miss the mark. I remember them approaching me when they made a mistake, and they were filled with shame, guilt, and even fear of my reaction. I had to reassure and even applaud their ability to take ownership. I emphasized the importance of dusting yourself off and knowing I will always love, guide, and support them. So, how much more does our Heavenly Father share that passion for us? It's infinite, not based on anything we have

done (good or bad) but on the power of what Jesus did for us and allowing him in our life.

Even in shame, He will never leave nor forsake us, and if He is for us, who can be against us?! Do not be buried by shame, be resilient and dust yourself off and move forward knowing you are not alone.

### PRAY:

Lord, give me the strength and courage to approach each obstacle while knowing that you are for me! Take my heart and make it bold in You and doubtful in the things of this world. Remove shame and fill it with boldness that whatever I do, wherever I go, I do so IN YOUR NAME, not my own. Remind me that I am not fighting alone, You go before me, prepare me, and that I am Yours. In Jesus Name, Amen.

### NOTES:

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# Day 15 — I am more than a conqueror through Christ. (Romans 8:37)

**Written by: Pastor Joel Tiemeyer**

Romans 8:37 declares, “No, in all these things we are more than conquerors through him who loved us.” Written by Paul, this verse is a bold affirmation of victory in Christ. Despite trials—persecution, hardship, or spiritual battles—we as believers are not merely survivors, but triumphant conquerors through Jesus’ power. This truth transforms how we walk out our faith daily, empowering us to face life with unshakeable confidence.

Being “more than conquerors” means our victory isn’t contingent on circumstances, but rooted in Christ’s finished work on the cross. Sin, fear, and the enemy’s schemes are defeated! In everyday faith, this looks like standing firm when life feels chaotic. Whether it’s anxiety at work, issues in our relationships, or personal doubts, we don’t just endure—we overcome with strength. Walking this out means starting each day grounded in God’s Word, reminding ourselves of His promises. It’s choosing prayer over despair, worship over worry, and love over bitterness, trusting Jesus’ love has already secured our victory.

On a practical level, this verse calls us to live with courage. Share your faith with confidence because Christ’s love empowers you. Extend forgiveness freely because you’ve been forgiven. Keep moving forward even when setbacks hit, knowing nothing can separate you from God’s love (Romans 8:38–39). When you see yourself as a conqueror in Christ, it changes your entire outlook! You stop approaching life like a victim of your circumstances and start moving like someone empowered by the Holy Spirit.

Living as “more than conquerors” is about daily surrender—letting Jesus lead, letting His love fuel everything you do. And as we face whatever comes, Romans 8:37 reminds us we’re not trying to earn victory. We’re living from the victory Jesus has already won.

**PRAY:**

Heavenly Father, thank You for making me more than a conqueror through Jesus' love. I stand firm in Your victory today, trusting Your strength to overcome every challenge. Fill me with Your Spirit, guiding my thoughts and actions to reflect Your triumph. Help me walk in faith, boldly living for Your glory. In Jesus' name, Amen.

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## **Day 16 — I'm able to do all things through Christ who strengthens me. (Philippians 4:13)**

**Written by: Pastor Joel Tiemeyer**

Philippians 4:13 proclaims, "I can do all things through Christ who strengthens me." Written by Paul from a Roman prison, this verse holds so much confidence in Christ's power. It's not about Paul claiming he had superhuman strength—it's about his total reliance on Jesus. For believers, this verse is a daily anchor as we walk out our faith in Christ.

Living out Philippians 4:13 means trusting Christ's strength in every circumstance. Life's demands—whether

navigating a stressful job, parenting with patience, or facing personal trials—can feel overwhelming. Yet, this verse reminds us we’re not alone. Through prayer, we tap into Christ’s limitless power. We persevere not because we’re tough, but because His grace carries us. Walking in faith daily involves leaning on this strength. It’s choosing to respond with kindness when provoked, trusting God’s provision in financial uncertainty, or stepping boldly into opportunities to share the Gospel, knowing Christ empowers us.

This strength isn’t just for grand moments but for ordinary ones too—resisting temptation, forgiving a wrong, or enduring grief with hope. It’s about surrendering our weaknesses to Christ, who transforms our insufficiency into His sufficiency. Every morning, we can ask Him to guide our decisions, big and small, trusting that His Spirit equips us to do what we cannot do on our own.

As we face today’s challenges, Philippians 4:13 assures us we’re equipped—not by our ability but by His strength. Let this truth fuel your faith walk, trusting Jesus to give you strength for every single moment.

## PRAY:

Lord Jesus, thank You for being my strength in every moment. I confess my weakness and rely on Your power to do all things You call me to. Fill me with Your Holy Spirit today, guiding my steps, words, and heart. Help me walk boldly in faith, trusting Your strength to overcome challenges and live for Your glory. I pray this in Jesus’ name, Amen.

## NOTES:

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# Day 17 — I am strong in the Lord to fight off all of Satan's attacks. (Ephesians 6:10–17)

**Written by: Kaitlyn Hankins**

Every morning when I get ready for the day, there are a few things you can always count on me wearing:

- A watch on my right wrist (shoutout to the lefties!)
- A ring stack on my right hand
- Earrings
- A smile... Hopefully, lol!

And on the days I realize I'm not wearing one of those accessories; I feel lost—almost naked! In my mind I'm thinking, "What about my step count?" and "Why do my hands feel so bare?" And for some reason, that voice in my head is telling me that everyone is noticing how weird my ears look... (Plot twist: they're not.) But just like we each, almost on autopilot, put on our own "uniform" before we face the day, we need to put on the most IMPORTANT accessories: the armor of God!

1. Belt of Truth
2. Breastplate of Righteousness
3. Shoes of the Gospel of Peace
4. Shield of Faith
5. Helmet of Salvation
6. Sword of the Spirit (the Word of God)
7. Prayer

The apostle Paul makes it clear that we are in an ongoing spiritual battle with the powers of darkness. We have an enemy who is actively working to destroy us—not just physically, but spiritually, mentally, and emotionally (1 Peter 5:8). But that’s not the end of the story! The same passage that describes the depth of the battle, also reminds us that we never fight alone. We’re not a team of one! As followers of Jesus, our strength doesn’t come from ourselves, but from the God who has already secured our victory. We don’t have to build our own weapons or design our own armor. Instead, he urges us to “put on” the armor of God that’s already been given to us and to “take up” the weapons of faith that have eternally defeated the enemy (Ephesians 6:11, 13). As believers, we’re always on the winning team!

The battle we face is real, but our Savior has already won the war. Do not be afraid. Do not be discouraged. Take up God’s armor and stand firm, knowing that He is for you!

### PRAY:

Lord, help me be reminded every day to put on the full armor of Christ. I know that whatever this day brings, I can rest knowing that I’m on the winning team and you’ve already won the battle. My confidence and my hope is in you, and you alone. Amen!

### NOTES:

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# Day 18 — I am the salt of the earth. (Matthew 5:13)

**Written by: Pastor Hunter Elliott**

Salt was a very high commodity in Jesus's time. In those days, people would trade valuable items like gold, silver, etc. for salt. In some countries, salt was even a form of payment. When Jesus calls us the salt of the earth, it's important we see his words through this context. Salt was in such high demand for a few different reasons. Like I said, it was a type of payment. It was used to bind covenants and agreements. It brought out flavor in foods. Salt was also used as a preservative.

We can similarly view our lives in these matters. First, as salt was a form of payment, we've been purchased by the blood of Jesus and ransomed from sin.

Secondly, Hebrews 8:6-13 says Jesus is our mediator of a better covenant.

Third, just like salt brings flavor out in food, our words carry weight and value. Salt enhances flavor. Believers are called to enhance the flavor of God's words and love to others.

Last is my favorite: salt is a preservative, and so are we! Salt's number one purpose was to keep back decay. As the salt of the earth, we are called to keep back decay! In our lives, God has placed us into our workplaces, families, and community to help keep back decay. God has packed us, the Church, just like salt in every area to help keep back decay. We are called the salt of the earth to preserve others in this world by sharing the Gospel. Being the salt of the earth is sharing Christ. It's distributing His love, miracles, truth, mercy, and grace to everyone we encounter. In a place where morals, values, and families is decaying, God has already prepositioned you to be the salt that keeps back from decay.

## PRAY:

Lord, help me see myself the way you see me. Help me spread salt that demonstrates your love, the Kingdom, and Jesus Christ everywhere I go. Help me to keep back decay in my family, my school/workplace, and my community, in Jesus' Name, amen.

## NOTES:

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# Day 19 — I am the light of the world. (Matthew 5:14)

**Written by: Sarah Wilkerson**

When you read this verse, do you think of that simple song many of us learned growing up? “This little light of mine, I’m gonna let it shine.” There’s something so sweet about the truth in those words. We weren’t created for such a time as this to hide our light or let the weight of the world dim it. Jesus didn’t place His light in us just for those Sunday morning “I’ve got it all together” moments, or for the seasons that feel lighter. He meant it to shine everywhere—at work, at home, at school, with friends, and even behind the doors we’ve kept closed, thinking no one would ever look there.

The Message translation takes this verse a step further: “You’re here to be light, bringing out the God-colors in the world. God is not a secret to be kept. We’re going public with this, as public as a city on a hill.” Doesn’t that make you want to take action? To recognize that maybe there are parts of your heart that have chosen to hide your light?

The thing about light is that it changes things. It shifts the atmosphere in a room, pushes back darkness, and naturally brings warmth. But I'll be honest—sometimes it's hard to shine. Life gets messy, we get busy, and people disappoint us or even wrong us. In those moments, I've realized how easily I can expect perfection from imperfect people, and when that happens, my light starts to fade.

Can I give you some truth today? Being the light of the world isn't about being perfect; it's about being present. It's choosing grace when it's easier to judge and love when it's easier to pull away. Those are the moments we reflect the heart of the Creator—the One who called us to be a light, a city on a hill that refuses to hide.

## PRAY:

Dear Lord, thank You for who You've called me to be and for the countless ways You've pulled me out of the darkness. In those moments, I'm reminded of the light You've given me to share with those around me. Give me boldness to shine Your light even when I feel inadequate and remind me of the promises and calling You've placed on my life. Give me strength for today to be a reflection of You in all that I do. In Jesus name, Amen.

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# Day 20 — I'm rejoicing in troubles, for through them God is building me up and making me strong. (Romans 5:3–5)

**Written by: Melina Wilks**

In February 2025, I got a positive pregnancy test.

It wasn't planned—just a beautiful surprise, a gift from God. But soon after, we received heartbreaking news: it was a molar pregnancy—a rare genetic accident where my body showed every sign of life, but there was never actually a baby. It was unpreventable but completely devastating.

Through the tears and confusion, I had to surrender it all—choosing to trust that God's will, even in pain, is still good. Though I could have turned to anger, the Holy Spirit filled me with peace, reminding me that His ways are higher than mine. He saw me right where I was and promised to use my test as a testimony.

As I write this today, I've learned what it truly means to lay things at the feet of Jesus. He sees us. He knows every emotion, and He alone knows how to sustain us because He loves us deeply. Though we may try to control the story He's writing, we can have hope—hope that God knows exactly how to use every moment of our lives for His glory.

Will you wait on the Lord and trust that He cares for you? Will you stop trying to drive the car that He is already operating?

## **PRAY:**

Lord, help me release control to You in the midst of trials. When I try to take the wheel, remind me to let go and let You truly work in my life. I trust You and know that You love me and have the best plans for me. Thank You, God, for hearing my heart and giving me hope for tomorrow. Amen.

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Day 21 — I’m Joyfully  
Looking Forward to  
Becoming All God Has in  
Mind for Me.  
(Romans 5:2–5)

Written by: Pastor Jeff Tiemeyer

Not too many years ago, there was a TV commercial promoting a particular cell phone service, and its catchphrase was, “There’s an app for that”. The provider wanted everyone watching to know that their cellular service provided applications to help make life simpler and more efficient. According to today’s scripture reference, much in the same manner, God has made His grace available to help you through any challenge or difficult season. This is why the Bible says you can rejoice in sufferings, because His grace will enable and equip you to not just survive hard times but come out better on the other side of them. If you remain faithful and submitted to Him, He will provide you with the grace you need to overcome any challenge. As you allow His grace to work in and on you during these circumstances, you’ll see yourself becoming who God has ultimately designed you to be. Not only in your

specific calling but in the areas listed in Romans 5. You'll become a person of endurance, character, and hope the world needs to witness the goodness of God. Stop looking at trials and difficulties as your lot in life and begin to allow His grace to help you thrive in the midst of them. Are you dealing with relationship issues? There's grace for that! Struggling with your kids? There's grace for that! Addiction? There's grace for that! Loneliness, depression, co-workers, or anything else life is throwing at you? There's grace for all of that! You can wake up every morning and thank Him for having already provided all the grace you'll ever need to experience victory in every area of your life.

## PRAY:

Father God, I know that you have the very best plans and intentions for me. I thank you for providing me with the grace I'll need to walk out those plans successfully. I know that through them all you are developing me into the person that you've had in mind for me to be from the very beginning. You are such a good Father. I love you. In Jesus' Name, Amen.

As you finish these 21 days of Prayer & Fasting, remember that your spiritual growth was never meant to stay contained in this devotional or in only these last few weeks! The same God who met you in moments of hunger and prayer wants to walk with you into the rest of your year. How do we grow our Everyday Faith? With everyday decisions.

Don't rush past what God did in the last 21 days. Keep giving Him space. Keep showing up. Keep leaning in. The more you do, the more your everyday faith will grow—steady, strong, and rooted in who He says you are.

God is not finished. He's just getting started with you!



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